Our Lady's Daily Routine: Courage, Community, Commitment, Challenge

Courage

<u>Early Dawn (4 am to 7 am) GETTING PREPARED</u> - a self-discipline for awakening (consciousness) - Individual Preparation, Organization, and Contemplation, Meditation, and Prayer. At this time there is no socializing and we ask that the rule of silence and fasting be respected for all who are at the sanctuary.

"I am a voice in the wilderness; make straight your way for the Lord."

Early Morning (7 am to 8 am) HEALING AND GROWING - a harmonic self and social discipline for awareness and acknowledgment for giving and accepting God's Love and Forgiveness.- Self Acceptance, Improvement, Reconciliation of Mind, Body, and Spirit.

[Who am I? What am I to be? How am I to be? What are my relations - living and non-living, natural and man-made - in my (your) (our) environment(s)? What am I feeling? Where do these feelings exist in my body? What am I thinking? Why am I thinking these thoughts? What am I hiding from myself, from others? Why am I hiding? How do I hide myself from myself, from others? What do I need to be a healthy, selflessly, loving individual who will be able to serve others without fear/guilt? What are my responsibilities towards God, to myself and for others? What is my purpose/goal/direction? What are the necessities for me to have in order that I can achieve my purpose/goal? (Is this a short term goal or long term?)]

This is the time to respect the quietness but speaking is encouraged either as a one-on-one, or as a small group (If possible, we ask that you try and prearrange this time for communication the day before while in Community Gatherings.

SNACK - lightly eat and drink (with fasting as a priority)

Community

Morning (8 am to 9 am) IDENTIFYING, PLANNING, ASSIGNING, ORGANIZING, AND REFECTING – a social and political discipline.

BREAKFAST - all participants of the sanctuary are to meet at the designated area to help prepare and cook breakfast. This is the start of Community Gathering. The rule of order is to bless all food and drink before partaking.

In the Name of the Father, the Son and the Holy Spirit.
"Bless us, Oh Lord for these our gifts which we are about to receive from Thy bounty through Christ Our Lord."

Amen

COMMUNITY GATHERING - sharing and caring, giving and receiving by listening and acknowledging all who are gathered as unique and responsible individuals that have strengths and weaknesses. The rule of order is that all will listen to the one speaking without interrupting, as each person contributes by going around to the left, one by one, until there is nothing left to be said, individual and community needs have been identified and agreements have been made on the plan (goals) for the day, and the duties and roles have been assigned in being "... something beautiful for God". Say or sing a morning prayer as a community before closing the community gathering.

Commitment

Mid-Morning (9 am to 10 am) - TAKING CARE AND BEING RESPONSIBLE AS AN INDIVIDUAL AND COMMUNITY PARTICIPANT - an educational and economical discipline in being responsible to God, self and my community.

What do I need to do in order to be responsible at this role/assignment? What do I need to do in order to responsibly fulfill this role or to complete this assignment? What are the tasks/duties/activities of this role? What will it look like when I complete these duties/tasks/activities? How will it feel when I complete these duties/tasks/activities? What "good" - (product or service) will manifest for the sanctuary/community/world when I have fulfilled my responsibilities? Will commit to this challenge?

"God's will be done on earth as it is in heaven."

The greatest commandments: To love God with our whole hearts, mind and soul with all our strength, and to love others as we love ourselves."

BEGIN THE DAY'S ACTIVITIES.

Challenge

"I offer up to you, Our Lady of Victory, Mother of God, Queen of Heaven and Earth, all my doubts, worries, fears and hopes...so that I too can be worthy of your Son's promises."

. "Day (10 am to 5 pm) - MAKING SOMETHING BEAUTIFUL FOR GOD FROM, IN AND WITH THE "LIGHT OF BROTHER SUN

CHALLENGE ACTIVITIES: studying, teaching, learning, creating, building, playing, singing, dancing, healing, growing, transcending....on God's playground...All For God's Glory!

LUNCH - a social discipline

Courage

After Day (5 pm to 6 pm) - SELF REFLECTION - CONTEMPLATION, MEDITATION AND PRAYERS- a quiet time for self reflection through writing, drawing, painting, reading, relaxing - self and social discipline for balance. This is the time to respect the quietness but speaking is encouraged either on a one-on-one, or as a small group (If possible, we ask that you try and prearrange this the day before while in Community Gatherings.

SNACK - lightly eat and drink (with fasting as a priority)

Commitment

Early Evening (6 pm to 7 pm) - TAKING CARE AND BEING RESPONSIBLE AS AN INDIVIDUAL AND COMMUNITY PARTICIPANT - Taking care of individual and community needs, tasks and duties (an economic activity)

Community

Evening (7 pm to 9 pm) - IDENTIFYING, PLANNING, ASSIGNING, ORGANIZING, AND REFECTING (A SOCIAL DISCIPLINE) - A COMMUNITY GATHERING

DINNER - (a social discipline)

ENTERTAINMENT - Individual and Group Presentations

COMMUNITY AND INDIVIDUAL REFLECTION - a spiritual service

Challenge

Night (9 pm to 4 am) - RESTING, FASTING AND SEEKING INTIMACY WITH GOD (a self-discipline for Divine awareness - "Christ" consciousness)

At this time there is no socializing and we ask that the rule of silence and fasting be respected for all who are staying at the sanctuary.

If you leave your camping area, please go only to the designated areas, so that you do not disturb others - thank you.

"Seek the holiness with all your strength, while the the Light is still with us."

Ask our Lady to show unto us, Her womb, Jesus.